



Southwark Foodbank

Shopping List | November 2023

- Long Life Milk (Whole/Semi-skimmed)
- Tinned Tomatoes
- Tinned Vegetable Soup
- Tinned Meat (Non Pork)
- Tinned Meat Soup
- Tinned Rice Pudding
- Tinned Fruit
- Tinned Vegetables
- Pasta Sauce
- Jam
- 1ltr Cartons Orange/Apple Juice (Long-life)
- Cereal (500g)
- Tea (40 or 80 tea bag packs)
- Biscuits
- Pasta (500g)
- Unisex Deodorant
- Shampoo
- Shower Gel

Please ensure donated food has a long shelf life and is well within its Best Before End date. Thank you!

Updated on 24/10/2023



Pecan | Host of Southwark Foodbank