



Southwark Foodbank

Shopping List | **September 2023**

Urgently required Items:

- **Long Life Milk (Whole/Semi-skimmed)**
- **Tinned tomatoes**
- **Tinned soup**
- **Tinned meat (Non pork)**
- **Tinned fruit**
- **Pasta sauce**
- **Jam**
- **Tinned pulses (Kidney beans, Lentils etc)**
- **1ltr Cartons Orange/Apple Juice (Long-life)**
- **Biscuits**
- **Tea (40 or 80 tea bag packs)**

Please ensure donated food has a long shelf life and is well within its Best Before End date. Thank you!

Updated on 06/09/2023



Pecan | Host of Southwark Foodbank