

















This is going to be an especially hard Christmas for too many people. We are already seeing higher rates of hunger this year. Help us to bring hope to families this winter.

In 2022, more families than ever are having to choose between heating or eating. Your donations will ensure that Pecan and Southwark Foodbank can:

- provide hundreds of families in Southwark with special Christmas parcels.
- provide support and warmth through our community projects.

Together we can help Feed a Family this Christmas and continue to support the community into 2023 and beyond.

www.pecan.org.uk/donate-christmas-2022 www.pecan.org.uk/southwark-foodbank